

	Hero's journey	Interior Journey	Examples from Scripture	Exodus to Zion
1	The ordinary world	limited awareness of problem	Lehi and his family living in Jerusalem. Israelites in Egypt	Live in the world/Babylon
2	Call to adventure	Increased awareness of need for change	Lehi given dream, Moses given burning bush	God commands us to depart - Go one day into the wilderness - Faith
3	Refusal	Fear, resistance to change		Go the second day into the wilderness - Day 2 - Repentance.
4	Mentor Helper appears	Overcoming Fear		Go third Days journey into the wilderness - Gift of the Holy Ghost is given.
5	Crossing the threshold	Committed to change		Sacrifice to the Lord - Day 4 in the wilderness.
6	Tests, allies, enemies	Experimenting with new conditions		Habitation in tents
7	Approach	Preparing for major change,		Divine Guidance
8	Ordeal	Big change with feeling of life and death.		Murmuring in the wilderness
9	Reward	Accepting consequences of a new life.		Scripture given
10	The road back	New challenge and redirection		Rebellious desire to return and recommitment
11	The resurrection & Atonement	Final attempts, last minute dangers.		Victory over enemies
12	Return with Elixir	Mastery		Arrive in a new land of inheritance
	REPEAT - Start on a new level of clean up	new beginning of hero's journey		Return to work on a new level with a group of people

